

DISCUSSING DIFFICULT TOPICS

SUICIDE

illness

puberty

dating

Drugs

DIVORCE

violence

death

inequality

LGBTQ

racism

Abuse

Sex

sexuality

moving



WITH

Positive Discipline

Where	319 La Fonda Ave, Santa Cruz, rm 5
Who	Stephanie Tam Rosas, MA
Cost	\$30 for full series + \$5 materials fee
How	call 831-429-3966 or go to www.adultedreg.com/santacruz

MARCH 5th & 12th
Wed. 6:30-8:30pm

Sex, drugs, death, divorce, abuse—these topics are difficult to deal with personally let alone talk about with your children. Using a parenting method called Positive Discipline, this 2 series class helps you address whatever subjects you find most difficult to discuss with your kids. Find support in addressing these topics thoughtfully, learn developmentally appropriate responses, and experience a process that you can use with difficult topics in the future.

Stephanie Tam Rosas is a Certified Positive Discipline Facilitator with a BA in and an MA in Counseling Psychology. She currently counsels youth as a Marriage Family Therapist Intern at Costanoa High and Ark. She is also on the Board of Positive Discipline Community Resources and part of a neuroscience lab at Stanford University. To learn more visit www.TamRosas.com